

# Kelly Mill Middle School Physical Education

Welcome to Kelly Mill PE! Our primary goal as Physical Educators is to teach every child—from the physically gifted to the physically challenged—how and why they should keep themselves healthy and fit throughout their lifetime.

## What do you need for PE?

**Clothes:** Students are to change into black shorts without a zipper, a white T-shirt, and sneakers to participate in class activities to the fullest extent. Sweats are appropriate for the winter months. PE uniforms are for sale in the gymnasium. The cost is \$10 for shirt and \$10 for the shorts. A locker and a lock will be provided for students to use. If a student loses their lock, the replacement lock is \$6.

**Notebook:** Each student must provide their own portfolio folder with three prongs and paper inserted in it.

## What can you expect in PE?

Our curriculum blends physical activity and sports including cooperative games, dance and fitness activities. Individual, dual and team sports will be utilized to improve basic skills and fitness level. Our hope is that each student will find at least one physical activity he or she likes enough to continue playing beyond PE class.

## What do we expect from you in PE?

Physical Education rules and expectations emphasize safe and enjoyable activities for everyone. The Life Skills and Lifelong Guidelines are required daily. Throughout the year, we teach activities that allow students the opportunity to work together to improve their emerging social skills and develop a positive self-concept. Our Fitness Room will also be used to improve students' fitness levels.

## What will happen if Life Skills are not demonstrated?

1. Time Out with student Conference
2. Parent Contact
3. After School Detention

## What will happen if you do not change into appropriate clothes for class?

1. Parent Contact
2. One Day After School Detention
3. Two Days After School Detention
4. Discipline Referral



## How will you be graded in PE?

- o Skills and Participation—70%
- o Written Work—notes, test, journal writings—15%
- o GOTCHA LOG—weekly homework—record of your activity outside of class—15%

We look forward to a great school year!

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Please sign and return to PE teacher:

I have read and understand the information regarding Physical Education at Kelly Mill Middle School.

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Name

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Parent Phone Number

\_\_\_\_\_  
Parent Email Address

